

CLASS SCHEDULE FROM THE PILATES CONNECTION

	MAT CLASSES 2 POINTS		REFORMER CLASSES 4 POINTS		EQUIPMENT CLASSES 5 POINTS	
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
7am		Mat 2		Reformer 2 & 3	Repole	
9 am	ATS					
10 am	Mat 1 & 2	Reformer 1	Reformer 1 & 2	ATS	ATS	
11am					Mat 1	
12 pm	Reformer 3					
1pm			ATS	Mat: all level		
5 pm	3 points: Happy Hour		Reformer 1 & 2			

Prior Sign-up is recommended for any class. Drop-ins allowed, but not guaranteed. Call (541) 420-2927
Class schedule is subject to change. Teachers are subject to change.